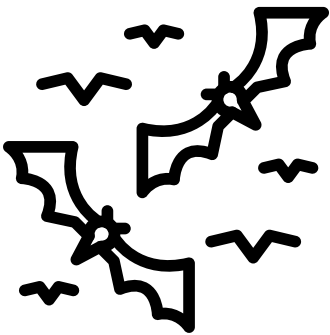




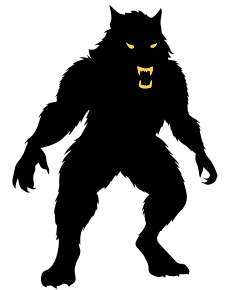
Questing for Change- Adult

Roll for your mental health with a tabletop role play experience facilitated by Linnea Sieh, MA, LPC, ACS.



Monster of the Week

- ~No experience needed
- ~Urban Fantasy Setting
- ~Spooky/light horror themes
- ~Narrative and character based
- ~Collaborative world building
- ~Creative Problem Solving



Contact Lillybrook Counseling Services to register at (248)250-6620 or by email at contact@lillybrookcs.com

Biweekly Tuesdays:

September 10- November 19, 2024 (6 sessions)

Time: 6:30 pm-8 pm

Fees (private pay, no insurance):

\$50 a session, \$220 if paid in full for 6 sessions

Linnea has additional training to be able to guide players through game scenarios and teach techniques in a trauma informed way that encourages creativity and positive group interaction. She utilizes in game consent systems to maintain a safe and interactive environment for all.

